



Backpack Newsflash



A NEWSLETTER FROM CB CARES PARENT NETWORK * SPONSORED BY FRED BEANS AUTO DEALERSHIPS

LUKE AND LOGAN MILLER CHAMPION JANUARY'S ASSET #9 SERVICE TO OTHERS!!



Luke Miller handing out apples in Washington DC

Luke and Logan Miller from Linden Elementary championed "Service to Others" as they distributed apples to the homeless in NYC and DC. After a recent family trip to Boston, these amazing 3rd and 5th grade boys took action after they were saddened to see a homeless woman asking for money to feed the baby that was growing inside of her and then another homeless man fall out of his wheel chair. The boys came home and strategized how they could help the homeless besides giving money and Logan suggested "let's give out apples". The boys went to work and spent a weekend gathering apples and planned three trips visiting both NYC and DC to distribute apples to the homeless. During one of their weekends, they realized how cold it was to live on the streets and that some of the homeless people they encountered had missing teeth. The brothers set a new plan into action and contacted Dr.

Todd Welsh for toothpaste & brushes as well as collected lip balm, hats, gloves, scarfs & of course apples in red gift bags to distribute during their NYC trip during their holiday break. The boys returned to school after the break and shared their stories. As a service project Logan's 3rd grade class will be collecting toiletries for the boys to distribute in their next outreach in February and April. The Miller boys are gleaming examples of service to others and their enthusiasm to give back has become contagious among their peers. Way to Go Boys!



Logan making a difference in DC!



FEBRUARY'S BOOMERANG ASSET #33 Interpersonal Competence

WANT to MAKE a DIFFERENCE in your COMMUNITY while developing LEADERSHIP Skills for the future.

CB Cares EF is currently recruiting middle and high school students for a new initiative, CB Cares Volunteer Teens.

This student led volunteer council will provide many opportunities to interact with community leaders, other nonprofits and develop leadership skills. To learn more:

<http://cbcaresvolunteerteens.weebly.com/>





The following students represent the Boomerang Youth Recognition Award for
January's Asset is #9 Service to Others.

Young person values service to others in their family, school and community.
He/she commits to meaningful and caring actions.

Boomerang Youth Recognition Award

Elementary: Riley Thran, Grade 6 - Butler ES



Riley is a thoughtful person who gives back to her community in many ways. She loves to incorporate her love of baking with random acts of kindness. Recently she baked and donated 200 brownies for the homeless and has twice baked cookies for the New Britain Township Police to show her appreciation for their service. She also remembers others during the holidays by baking and donating for holiday meals. Riley is a proud student of Butler Elementary and appreciates her amazing school. As a way to give back, she decided to give a little TLC to the entrance sign at her school. She worked hard with her brother to pull weeds and plant hostas that were donated by the local nursery. Riley can still be seen watering and maintaining the gardens she planted. Lastly, Riley is an active participant in the 'Peyton Heart Project' and thoughtfully places crocheted hearts in random places for people to find in hopes of raising awareness of bullying and suicide. Riley a true champion of service to others in her community.

Middle School: Connor Wilson, Grade 8 - Unami MS



Connor received three nominations for this asset! Service is a large part of Connor's life and giving back. He has been with the Youth Ministry at St. Judes for the last 2 years and demonstrates his leadership in championing other students to engage in service projects such as making breakfast bags for Manna on Main Street, visiting nursing homes and dodgeball. Connor continues his service to the community in his Boy Scout Troop 61 through an annual Scouting for Food drive and a fundraising pancake breakfast which promotes the Scouting program at Trinity Lutheran Church. Connor also assists other Scouts in their Eagle Projects which are designed to benefit the community. As a "seasoned" Scout, Connor helps to lead the younger Scouts as they enter the Troop and mentor them on the values of the Scouting program. When not with his youth group or in scouts, he has been seen helping a single mom in the neighborhood shovel her walk and bring in her trash cans if he sees she is away.

High School: Dylan Badger, Grade 11 – CB East High School



The perfect candidate for this award is Dylan Badger. He signed up for Athletes Helping Athletes (AHA) club as a freshman before he was even a student at CB East. Now in his third year in the club, Dylan is a lead officer and has volunteered a tremendous number of hours to AHA. Dylan has been a one on one "buddy" with individuals with special needs. In this role, he interacts and guides the individual through various sports activities and encourages them along the way. Dylan does an exceptional job in this role and shows how much he truly cares about helping others. Dylan has also been a "host" for individuals with special needs several times over the past three years. As a host, Dylan attends various CB East sporting events leading the honorary captains onto the field or court before the game to be recognized. He also hangs out with the honorary captain during the game, engaging them in conversation and teaching them the appropriate times to cheer. Dylan is always the first to volunteer for these opportunities. Dylan was the only student in our AHA club to volunteer for a special opportunity this past summer called Camp Pals. Camp Pals mission is to create immersive experiences where individuals with Down syndrome and their peers have fun, grow as individuals, and build transformative friendships. Dylan spent one week at this overnight camp in New Jersey and had an unbelievable experience! We are grateful for the lives Dylan has touched through his commitment to Service.

February's Asset is #33 Interpersonal Competence.

Young person has empathy, sensitivity, and friendship skills. Young person cares about and is award of other people's feelings

Nominations will be due to your school by **Monday, February 27th.**



Parent Further

PARENT FURTHER: A Resource for Strengthening Relationships

ParentFurther is an online resource to help families strengthen relationships through shared activities. Family relationships provide the foundation from which young people can develop the motivation and skills to overcome challenges and thrive.

Who It Is For?

ParentFurther may be used by individual families on their own. Though it can be useful to families with children of all ages, it emphasizes the needs of families with young adolescents (ages 10 to 15). This is a critical transition time when few resources are available for parents.

ParentFurther is a resource of Search Institute, home to the 40 Developmental Assets and nonprofit research and development organization based in Minneapolis, MN.

<http://www.parentfurther.com/>

TIPS FOR BUILDING ASSET #33 INTERPERSONAL COMPETENCE



Parents and others in the community can make a big difference in improving schools and making them caring places for young people. If you know a young person who doesn't like school, ask her or him why. Remember that for students, part of bonding to school involves knowing someone in their school cares about them. Share your experiences from when you were in school - such as finding an adult or a peer who cared about you - with the young people you know who are struggling to fit in.

Also try this

In your home and family: Tell your child about one adult and one peer who cared about you when you were in school. Help your child identify which adults and friends at school he or she likes best and why.

In your neighborhood and community: Be an involved partner with the school. Volunteer to tutor in an after-school program or as an athletic coach. Use these opportunities to bond with students, helping them in turn to bond to school.

In your school or youth program: Identify young people who do not have an involved adult in their lives and find ways to help them connect to a caring, available adult.

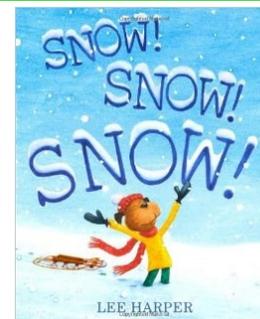
Nominate a deserving student for a Boomerang Award!



ATTENTION Young Readers!!
Join the Doylestown Bookshop as they welcome author and illustrator, Lee Harper to read from his book's
Snow! Snow! Snow!

Followed by an activity and book signing!

Saturday, February 11th 2pm
Doylestown Bookshop 16 South Main Street



BUCKS COUNTY ORTHODONTICS PROUDLY SPONSORS CB CARES' POSITIVE COACHING AWARD

CB Cares Educational Foundation is proud to announce a vibrant new partnership with Bucks County Orthodontics, who will continue the yearly recognition of a coach exemplifying positive coaching. The Positive Coaching Award was established in 2012 by the Jones family of Chalfont to recognize a deserving coach who serves as a positive role model, understands the importance of a child's well-being and is a positive influence in the lives of young people.

Specifically, the annual recipient will be recognized for teaching positive life lessons through sports, providing leadership, and promoting sportsmanship, fair play, motivation and respect. All of these behaviors and values are consistent with the 40 Developmental Assets, the framework of CB Cares Educational Foundation's programs, and thus Bucks County Orthodontics sponsorship will continue to bring this Award to the Central Bucks community. Dr. Todd Welsh has committed to funding a \$500 gift to the selected coach who will also receive a beautifully engraved plaque. The recipient will be honored at a community ceremony in late spring. For more information about CB Cares Positive Coaching Award visit: <http://cb-cares.org/what-we-do/initiatives/>



bucks county
ORTHODONTICS

Todd M. Welsh, DMD

Community News & Events

Resilient Kids Day

Resilient Kids: Building a Community of Kindness and “Discovering our Common Ground”
Saturday, March 11, 2017 | Central Bucks Family YMCA
Free and open to the community

Parents and kids will be able to participate in exercises and activities to help them better understand and relate to families that are different from them by celebrating what is the same in all of us. The day will include an educational component and team-building activities for kids ages 6 thru 13 from 1pm – 4:30pm.

The parent portion of this event will include guest speakers and a panel discussion on using “People First Language” in our community from 1pm – 2:30pm.

Check-in is from 12:30pm to 1pm in the main lobby of the YMCA.

Registrations required:

<https://www.eventbrite.com/e/building-a-community-of-kindness-discovering-our-common-ground-parent-positive-registration-31208982908>



PARENT POSITIVE
Partnerships creating a healthier, stronger community.



Check out the
COUNTY THEATER's
Family Movies for
February!

\$4/general admission
Free/members

The Peanuts Movie
Saturday 2/11
10:30 am

For the more information
about the entire Saturday
family movie series visit:

<http://countytheater.org/family>

Bucks County Designer
House & Gardens
EMPTY HOUSE PARTY
HILL CREST MANOR
Buckingham

BUCKS COUNTY
**Designer House
& Gardens**

Hey MOMS - Would you like to witness the beauty and serenity of a totally empty house?

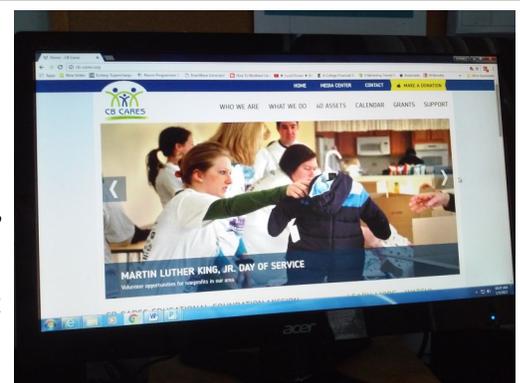
Well here's your chance to attend the Empty House Party on Sunday, February 26th from 2 to 5 pm.

Come join us before our 2017 Design Team has merely two months to transform this magnificent property. View the design boards and listen to designers describe their inspiration and vision for each area. Enjoy gourmet light fare and handcrafted beverages. For more information and to purchase tickets visit:

<https://buckscountyledesignerhouse.ticketleap.com/empty-house-party/>

Check US out at: <http://cb-cares.org/>

As part of the 20th anniversary of CB Cares EF, a new interactive website was launched to provide families with resources and information on the programs, parent resources and sponsored community events. The website is mobile friendly and is a “go to” for parents that value the importance of Developmental Assets in their child's life. CBCEF is a committed education foundation that has a rich 20 year history of supporting families in our community.



Our Mission Statement:

CB Cares Educational Foundation, in partnership with Doylestown Health, the Central Bucks School District, local businesses, and the community, is dedicated to enriching the experience of students through learning grants and 40 Developmental Asset based programs which promote responsible and resilient youth.